

Physically Strong Tri Long Age Group Results August 28, 2010 *Results By Chironsports*

Overall Female Overall Winners

Overall			----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	9	Marie Vermeulen	256	29	1	8:30.8	1	29:56.7	0:26.5	1	24:34.4	1:06:12.0

Female 25 to 29

Overall			----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	33	Elisabeth Kaltenbach	265	28	1	9:04.5	1	43:32.0	0:46.0	1	44:50.6	1:41:44.0

Female 30 to 34

Overall			----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	23	Natalie Dale	272	32	1	8:57.3	1	38:25.2	1:26.5	1	26:55.0	1:19:49.0

Female 35 to 39

Overall			----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	21	Michelle Halley	266	39	1	8:22.4	1	37:47.5	0:42.7	1	29:36.3	1:18:54.0
2	27	Carrie Busby	284	38	2	8:28.9	2	38:51.5	0:53.7	2	33:32.6	1:24:57.0

Female 40 to 44

Overall			----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	24	Carrie Hybels	251	41	1	8:54.4	1	37:26.5	0:32.8	1	31:10.7	1:20:51.0
2	34	Kerry McKinney	267	43	2	11:33.1	2	41:27.4	1:01.8	2	43:48.1	1:41:45.0

Female 45 to 49

Overall			----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total	
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	17	Lani Kittredge	276	45	3	11:11.3	1	28:58.7	0:50.2	2	29:09.3	1:12:41.0
2	18	Margaret Flannery	260	46	1	8:08.3	2	33:16.8	0:31.4	1	28:26.9	1:12:43.0
3	32	Mary Nielsen	255	45	2	9:05.3	3	37:17.2	0:46.7	3	40:16.5	1:32:13.0

Overall Male Overall Winners

Overall			----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total		
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	
1	1	Dan Vansweden	281	45	1	5:25.8		1	26:07.3		1	20:34.0	54:36.0

Male 14 to 16

Overall			----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total		
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	
1	7	Andrew Bult	283	16			1	27:53.3		1	22:49.3	1:00:16.0	
2	25	Nathan Gibes	285	15	1	9:29.4		2	39:14.2		2	28:34.8	1:21:04.0

Male 17 to 19

Overall			----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total		
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	
1	31	George St. Amand	280	18	1	9:59.1		1	39:41.2		1	37:14.0	1:31:41.0

Male 20 to 24

Overall			----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total		
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	
1	8	Joseph Van De Walker	262	20	1	5:29.4		1	30:37.1		1	27:04.6	1:05:41.0

Male 25 to 29

Overall			----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total		
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	
1	6	Eric Shaffer	264	28	1	6:58.5		1	27:37.0		1	21:10.9	59:26.0
2	14	Travis Ulberg	269	29	2	8:10.3		2	31:26.4		2	26:42.1	1:10:18.0
3	26	Ryan Burke	273	29	3	10:50.0		3	35:15.9		3	32:16.0	1:23:04.0

Male 30 to 34

Overall			----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total		
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	
1	5	Dan Frayer	274	30	1	8:06.9		1	23:24.0		1	25:19.4	59:18.0

Male 35 to 39

Overall					----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	4	Chris Ewing	275	37	1	5:46.8	2:46.8	1	25:14.4	0:57.7	1	24:02.1	58:48.0
2	16	Nathan Hindman	259	36	2	8:02.5	2:59.8	2	33:17.3	0:30.8	2	27:46.4	1:12:37.0
3	29	Dan Busby	258	38	3	9:57.5	3:43.5	3	37:41.1	0:59.1	3	35:44.7	1:28:06.0

Male 40 to 44

Overall					----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	13	Steward Sandstrom	261	44	1	8:39.4	2:52.0	1	31:44.7	1:00.1	1	24:55.6	1:09:12.0
2	22	Douglas Babcock	263	42	2	14:23.8	3:21.1	2	35:23.6	0:37.3	2	25:22.1	1:19:08.0

Male 45 to 49

Overall					----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	3	Paul Bushnell	277	49	1	7:03.9	1:36.6	1	23:55.5	0:37.3	1	23:18.6	56:32.0
2	10	Mark Breuer	254	45	2	7:11.6	2:19.7	3	29:34.5	1:22.4	4	27:34.7	1:08:03.0
3	11	Richard Boerema	252	45	4	8:30.7	2:33.2	4	29:35.9	0:30.6	3	26:54.4	1:08:05.0
4	12	David Slade	279	48	3	8:28.9	3:04.8	2	26:04.2	0:38.0	6	29:55.0	1:08:11.0
5	15	Hintze Ferdinand	271	46	5	9:04.2	4:31.5	6	33:51.7	0:37.4	2	23:43.0	1:11:48.0
6	19	Gary Goscenski	253	45	7	9:43.0	3:59.2	5	30:41.5	0:42.4	5	28:37.8	1:13:44.0
7	28	Micheal Hornev	282	45	6	9:18.9	3:51.1	7	34:41.5	0:49.1	7	36:33.2	1:25:14.0

Male 50 to 54

Overall					----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	20	Bill Bergerson	270	54	1	9:13.4	2:43.3	1	37:08.4	0:36.9	1	27:34.9	1:17:17.0
2	30	Clayton Gallup	268	53	2	9:36.3	3:24.2	2	40:54.9	0:43.1	2	33:39.4	1:28:18.0

Male 55 to 59

Overall					----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	2	James Henderson	278	56	1	7:04.6	1:44.2	1	24:48.5	0:59.7	1	21:33.9	56:11.0